



SPRING BREAK 2020

The COW – Champ’s On Wheels

SPRING 2020

The COW aka Champ’s On Wheels serves lunch to children **18 years old or younger for free!!** Over the 2020 Spring Break we will be going to the Mid-County Library (1st stop). Then to the Port Charlotte Library near the Cultural Center (2nd stop). Our last stop of the day will be to Hampton Point Apartment Homes in the Deep Creek area – off of Rampart – for lunch service (3rd stop).

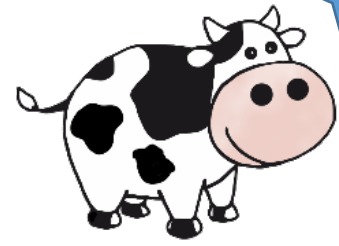
Lunch Service Times – these times are very strict!

Mid-County Library (Rt. 41 & Forrest Nelson)
10:30 am-11:00 am

Port Charlotte Library (next to the Cultural Center)
11:30 am -12:00 pm

Hampton Point Apartment Homes
12:30 pm-1:00pm – near buildings 11 & 12

COME JOIN US FOR A FREE MEAL IF YOU OR YOUR KIDS ARE 18 YEARS OLD OR YOUNGER.

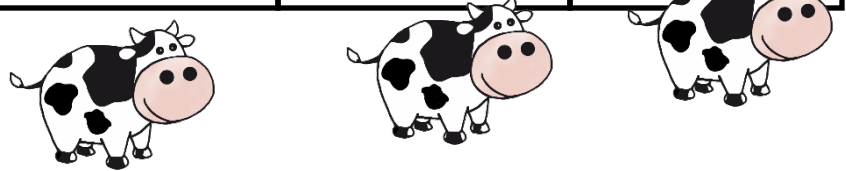


The COW operates under the umbrella of the USDA and specifically the USDA’s Summer Food Service Program.

NEW FOR 3/16-3/20/20: To maintain social distancing, meals may be taken away from the C.O.W. and eaten in the car or at home. As of this writing, the child must be present to receive a meal.

This program is not for feeding adults – and the foods offered **may not be ideal** for babies and infants.

Monday, March 16th	Tuesday, March 17th	Wednesday, Mar. 18th	Thursday, March 19th	Friday, March 20th
<u>Lunch:</u>	<u>Lunch:</u>	<u>Lunch:</u>	<u>Lunch:</u>	<u>Lunch:</u>
Chicken Tenders	Max Sticks	Dill Chicken Fillet	Cheese Pizza	Champ Burger
Broccoli Florets	Marinara Sauce Cup	Lettuce, Tomato, Pickle	Baby Carrots	Lettuce, Tomato, Pickle
Cheddar Goldfish	Mini Rice Krispies Treat	Cheez-Its	Goldfish Pretzels	Cocoa Cherry Bar
100% Fruit Juice	Fruit	Craisins	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk



This institution is an equal opportunity provider and employer.