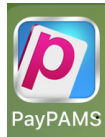


You can track your account balance on line for free: **Pay-Pams.com** or through your district **FOCUS** account. When you use **PayPams.com** or **mobile app** to pay for ala carte purchases using a credit or debit card, there is a \$1.95 transaction fee.



The keypad will be sanitized often for your use.

Choose & Eat

the full menu healthy School Lunch of 7 food items at Champ's Café!. **Your Breakfast tray must have a fruit or juice .**

Your lunch tray may have ALL these foods, but it must have at least 3 of these foods:

Protein, Bread/Grain, 2 different Fruits*, 2 different Vegetables*, Milk

You must take a half-cup of a Vegetable or Fruit

You may choose all 4 servings or take just 1 serving of

2 different Fruits and/or 2 different Vegetables.

Vegetables are offered from the following categories:

Dark Green, Red-Orange, Beans and Peas, Starchy and Other



Use the Nutrislice App to see the daily menu!

Mark your favorites with a 

And identify foods you cannot eat due to allergies. 

Welcome to Port Charlotte High Pirate



Download the Nutrislice app today!
Check out menus, nutrient facts, highlight your favorites and identify foods you cannot eat due to allergies.

Student Code of Conduct:

“Parents and Students are financially responsible for debt incurred from purchasing meals at Champ’s Café.”

Eat Well, Learn Well, Live Well, Be Well

Champ's Café operates under the United States Department of Agriculture's National School Breakfast and National School Lunch Programs.

“USDA is an equal opportunity provider and employer.”

In alignment with the USDA 2015 /2020 Dietary Guidelines for Americans, Nutritional Goals for our Customers include increasing fiber through whole grains, fruits & vegetables, decreasing sodium, & added sugars, eliminating trans fats & maintaining fat calories to less than 30% of the 750-850 calorie full-menu school lunch.

Eat a wide variety of nutritious and delicious foods at your

Pirate Champ's Cafe

All Meals are Free of Charge to ALL PCHS Students!

No Ala Carte products will be sold to a student with a negative balance.

See your Champ's Café Monthly Menu for specialty offerings!

For Special Diet Needs :



Please see your Champ's Café Manager.

**Vegetarian options available
at this food court, just ask!**

1 Homerun Heroes

Variety of Wrap & Sub Sandwiches with Lettuce, Tomato & Pickle or
Variety of Chef Salads & Choice of Dressings with Fresh-Baked Roll,
all with Fruit & Vegetable Choices of the Day, Milk

2 Power Slice Pizza

Pepperoni or Cheese Classic Pizza, Southwest Pizza,
Specialty Pizzas,
all with Fruit & Vegetable Choices of the Day, Milk



3 Red Baron Specialties

On Various days: Nachos or other featured entrees, Specialty
Sandwiches, and Cheese Sticks w/ Marinara Sauce
all with Fruit & Vegetable Choices of the Day, Milk



4 Slam Dunkin' Nuggets

Chicken Nuggets/Specialty Nuggets such as
Chicken Tenders, Spicy or Dill, Rice Pilaf,
all with Fruit & Vegetable Choices of the Day, Milk

Just Like Home Cookin'

5 Hot and Spicy 6 The Main Event

On Various days: Pasta, Beef Dippers, Tangerine or Teriyaki
Chicken or Champ's Specialties such as Nachos or Chicken Fajita,
all with Fruit & Vegetable Choices of the Day, Milk.



7 Pirate Treats

"Smart Snacks" Approved Ala Carte Items:

Ice Cream Specialties, Snacks, Cookies, Muffins and other Fresh
-Baked Products, Fruit, Water, Flavored Water, "Smart Snack
Approved" Specialty Drinks and Sport Drinks.

8 Kick-in Chicken

Every day: Grilled or Breaded Chicken Fillet on Bun or

Every Friday: Fish on a Bun, with Lettuce, Tomato & Pickle,
all with Fruit & Vegetable Choices of the Day, Milk

9 Champ's Grill

Every day: Spicy Chicken or Grilled Chicken Fillet on Bun or

Every Friday: Fish on Bun, with Lettuce, Tomato & Pickle,
all with Fruit & Vegetable Choices of the Day, Milk



10 Champburger

Every day: Hamburger or Cheeseburger with Lettuce,
Tomato & Pickle, or Bacon Cheeseburger,
all with Fruit & Vegetable Choices of the Day, Milk



Breakfast is Served!

Open 30 minutes before school at various food courts

Free Meal Deals include:

Fruit or Juice, Milk & Oatmeal offered with all breakfast meals

Every day: Cereal & Muffin or Breakfast Bagel Sandwich
or Deluxe Muffin or French Toast Sticks

or Pancakes or Sausage Biscuit or Chicken Biscuit Sandwich

New breakfast items: Yogurt Parfaits and Smoothies

On Fridays: in addition to every day choices

Fresh-Baked Cinnamon Roll and Frittata

Express Breakfast !!!

Visit our Express Breakfast Window near the Bus Loop
before school for a free, delicious & nutritious Grab-n-Go breakfast!