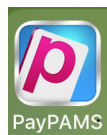


Track your account balance on line for free: **PayPams.com** or through your district **FOCUS** account. When you use **PayPams.com or mobile app**, to pay for a la carte purchases using a credit or debit card, there is a \$1.95 transaction fee.



Choose & Eat the full menu healthy School Lunch of 7 food items at Champ's Café.
Your Breakfast tray must have a fruit or juice .

Your lunch tray may have ALL these foods, but it must have at least 3 of these foods:

Protein, Bread/Grain, 2 different Fruits*, 2 different Vegetables* & Milk.

***You may choose all 4 servings or take just 1 serving of**

2 different **Fruits** and/ or 2 different **Vegetables**

Vegetables are offered from the following categories:

Dark Green, Red-Orange, Beans and Peas, Starchy and Other

***You must take a half cup of a Fruit or vegetable with your lunch meal.**



The keypad will be sanitized often for your use.

Etiquette

Expectations of "Good Manners":

Pease say "Please" and "Thank You" to those who serve you !

Learn your keypad number (enter it into your cell phone).

Have your money ready to hand the Cashier.

Clean up your tray when you are finished eating. Thanks!

In alignment with the USDA 2015 /2020 Dietary Guidelines for Americans, Nutritional Goals for our Customers include increasing fiber through whole grains, fruits & vegetables, decreasing sodium, & added sugars, eliminating trans fats & maintaining fat calories to less than 30% of the 750-850 calorie full-menu school lunch (above).

Welcome to The Academy **Wolfpack**



Download the Nutrislice app today!

Check out menus, nutrient facts, highlight your favorites and identify foods you cannot eat due to allergies.

Student Code of Conduct:

"Parents and students are financially responsible for debt incurred from purchasing meals at Champs Café."

Eat Well, Learn Well, Live Well, Be Well

Champ's Café operates under the United States Department of Agriculture's National School Breakfast and National School Lunch Programs.

"USDA is an equal opportunity provider and employer."

Enjoy a wide variety of nutritious and delicious foods

at your

The Academy *Champ's Café*



Use the Nutrislice App to see the daily menu!

Mark your favorites with a 



All Meals are Free of Charge to ALL The Academy Students!

*NO Ala Carte products will be sold to a student
with a Negative Balance.*



DAILY FEATURES:

Linin' Green

Variety of Chef Salads & Dressings, with Fresh-Baked Roll, or Crackers, all with Fruits and Vegetable Choices of the Day, Milk

Homerun Heroes

Variety of Sub Sandwiches and Wraps with Lettuce, Tomato & Pickle, all with Fruits and Vegetable Choices of the Day, Milk

Just Like Home Cookin'

On various days:

Champ's Specialties such as Chicken Fajita or Nachos, Soft Tacos, Chicken Parmesan Sandwich, Chicken Nuggets, Cheese or Pepperoni Pizza, Tangerine Chicken, all with Fruit & Vegetable Choices of the Day, Milk

Other Champ's Featured Entrees:

Breaded Chicken Fillet, Spicy Chicken Fillet, Spicy Chicken Wrap, Protein Power Packs and Hamburger or Cheeseburger.

Champ's Treats

Ala Carte Items:

In addition to any entrée item, bread/grain, milk, fruit or vegetable purchased individually:

Ice Cream Specialties, Cookies, Bagels, Muffins and other Fresh-Baked Products, Fruit, Water, "Smart Snack Approved" Specialty Drinks & Sports Drinks



We encourage all students to keep a balance on their account for Ala Carte purchases.

All items purchased Ala Carte require payment from your account or cash paid at time of purchase.

Thank you!

**For Special Diet Needs & Vegetarian Entrée Selections,
Please see your Champ's Café Manager.**



Free Breakfast is Served!

Open 30 minutes before school

Fruit & Juice, Milk & Oatmeal offered with all breakfast meals

Cereal & Muffin or Breakfast Bagel Sandwich or

Deluxe Muffin or Breakfast Pizza

French Toast Sticks or

Sausage Biscuit Sandwich or Sausage Pancake Kabob