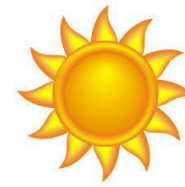


Summer 2023

The C.O.W. – Champ’s On Wheels



The C.O.W. aka Champ’s On Wheels, serves lunch to children **18 years old or younger for free!!** Over the 2023 Summer Break we will be going to the Port Charlotte Library near the cultural center (1st stop). Our next stop is at Hampton Point Apartments in the Deep Creek area- off of Rampart- (2nd stop). Our last stop of the day will be East Elementary School at the bus loop for lunch service (3rd stop).

Lunch Service Times – these times are very strict!

Port Charlotte Library (next to the Cultural Center)

10:30 AM – 11:00 AM

Hampton Point Apartments (off Rampart Blvd.)

11:30 AM – 12:00 PM- near buildings 11 & 12

East Elementary School (bus loop)

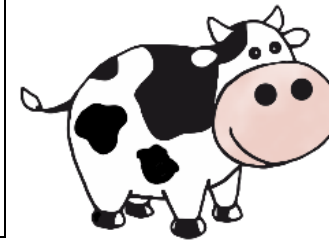
12:30 PM- 1:00 PM

(last day at this stop July 11th, 2023)

Thursday, June 1st -
Friday, July 28th

COME JOIN US FOR
A FREE LUNCH IF
YOU HAVE A CHILD
18 YEARS OLD OR
YOUNGER.

No Summer Feeding
July 4th!



Please Note:
The C.O.W. does not
operate during
severe weather. Stay
safe at home.

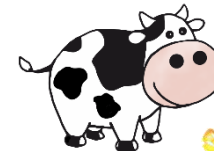
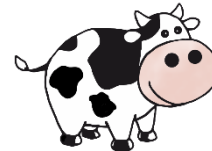
The C.O.W. operates under the umbrella of the USDA and specifically the USDA’s Summer Food Service Program.

All children 18 years old and under can receive a meal each day. Currently, the meal **must** be eaten on the premises and **cannot** be taken “to go”. **The child must be present to receive a meal.**

This program is not for feeding adults – and the foods offered **may not be ideal** for babies and infants.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<u>Lunch:</u>	<u>Lunch:</u>	<u>Lunch:</u>	<u>Lunch:</u>	<u>Lunch:</u>
Cheese Pizza	Champ Burger	Chicken Nuggets	Calzones	Chicken Fillet
Baby Carrots	Lettuce, Tomato, Pickle	Broccoli Florets	Marinara Sauce	Lettuce, Tomato, Pickle
Raisins	Frozen Fruit Cup	Fresh Fruit	Apple Slices	Frozen Fruit Cup
Milk	Milk	Milk	Milk	Milk
		<i>Snack Bag</i>		

Please remember our menu is subject to change due to availability.



This institution is an equal opportunity provider and employer.

