



Free Meals this Summer!



HOW TO have FREE MEALS this SUMMER through Charlotte County Summer Food Service:

ALL Charlotte County children 18 or younger,
 who are involved in a school or community summer program listed below
OR
 who plan to eat on a regular basis at a school with **older sibling or parental supervision**
 during the dates/locations listed below
 AND have registered with **Will McWhirter, RD, LD/N @ 941-575-5400 ext. 111**
 are eligible for FREE MEALS.
 Walk-In's welcome too...but please register so we can prepare food accordingly.

<u>Sites</u>	<u>Start Dates</u>	<u>End Dates</u>	<u>No Service Days</u>	<u>Meals</u>	<u>Serving Time</u>
Baker Pre-K Center 311 East Charlotte Avenue Punta Gorda, FL 33950	5/31/18	8/1/18	No July 4th	Breakfast Lunch	8:00 am - 8:45am 11:00 am -12:00 pm
Charlotte Harbor School 22450 Hancock Avenue Port Charlotte, FL 33980	6/18/18	7/19/18	NO FRIDAYS No July 2nd - 6th	Breakfast Lunch	7:45 am - 8:45 am 10:45 am - 12:15 pm
Meadow Park Elementary 750 Essex Avenue Port Charlotte, FL 33948	5/31/18	8/1/18	No July 4th	Breakfast Lunch	8:00 am - 9:00 am 11:00 am - 11:45 am
L.A. Ainger Middle 245 Cougar Way Rotunda West, FL 33947	5/31/18	7/27/18	No July 2nd - 6th	Lunch	11:05 am - 11:45 am
Port Charlotte High 18200 Cochran Blvd. Port Charlotte, FL 33948	5/31/18	8/1/18	No July 4th	Breakfast Lunch	7:30am - 8:00 am 11:00 am - 12:00 pm
Neil Armstrong Elementary 22100 Breezeswept Avenue Port Charlotte, FL 33952	5/31/18	7/27/18	No July 4th	Breakfast Lunch	8:15 am - 8:45 am 11:00 am - 11:45 am

*Times and dates are subject to change...

The C.O.W.

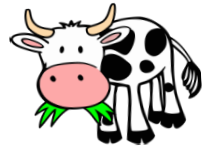
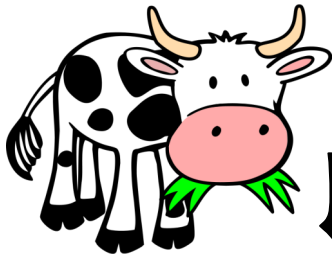
(Champ's on Wheels)

is coming!

Returning this summer, Charlotte County Public Schools is offering lunch at no charge via our Mobile Feeding Unit for kids and teens - ages 1 to 18!

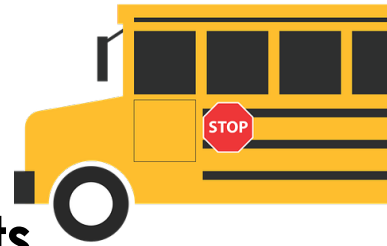
We bring the food to you! Seeya there!

No sign-up — open to ALL children!



June 4 - July 27

Monday—Friday — No July 4th



Lunch Stops

- 1 Charleston Cay Apartments**
10:30-11:00 am
23450 Charleston Circle Near the Entrance
Port Charlotte, FL 33980
- 2 Port Charlotte Library @ the Cultural Center**
11:30-12:00 pm
2280 Aaron Street
Port Charlotte, FL 33952
- 3 Hampton Point Apartment Homes**
12:30-1:00 pm
2511 Luther Road Near buildings 11 & 12
Punta Gorda, FL 33983



The COW is part of the USDA's Summer Food Service Program. Lunches are only offered to children and young adults ages 1 to 18 and must be consumed on the premises.



Call 941-575-5400 x111 for more info

Free Breakfast and Free Lunch with No Application Needed for students at 18 Charlotte County Public Schools!

Eighteen of the Charlotte County Public Schools will be offering free breakfast and free lunch to all students at their school for the 2018/2019 school year starting in August. The eighteen schools are: Sallie Jones, Peace River, Charlotte Harbor, Baker Head Start, East, Neil Armstrong, Punta Gorda Middle, Port Charlotte Middle, Meadow Park, The Academy, Liberty, Murdock Middle, Myakka River, L.A. Ainger Middle, Vineland, Deep Creek, Kingsway, and Port Charlotte High.

This opportunity to feed more than 12,000 of our 15,500+ students for free arises from a USDA program called CEP. CEP, or Community Eligibility Program, is a federally funded program in which schools qualify as a **'community'** when the percentage of directly-certified students reaches a certain threshold at a particular school. Directly-Certified means the student's family qualifies for TANF (Temporary Assistance to Needy Families), SNAP (Supplemental Nutrition Assistance program), otherwise known as food stamps, the student qualifies for Head Start or someone in the family qualifies for Medicaid.

Just like in the past, all students who attend the other two (non-CEP) schools (Charlotte High and Lemon Bay High) that do not qualify will be eligible for free or reduced-price meals (30¢ for breakfast and 40¢ for lunch). Food and Meals at CEP and non-CEP schools will be the same high quality products and recipes as Champ's Café currently offers. Brand names for ingredients and foods include: Jennie-O Turkey, Pillsbury, General Mills, Kellogg's, Kraft Foods, Gold Kist (Pilgrim's Pride), Ocean Spray, Ken's Foods, Inc., Heinz, Rich's Products, Schwan's, Brookwood Farms and Apple & Eve.

Students eligible for free meals sometimes ask why they cannot just select a milk or a piece of fruit instead of having to take several foods to equal a "meal". In order for the district to receive the federal funds that support the National School Breakfast and Lunch Programs at Champ's Café, specific meal components must be served that make a complete USDA meal. No Federal reimbursement to the program is provided when a student selects just one or two items that do not meet the "meal" standard, so students are charged a la carte prices for these items. For an eligible student to receive a free meal, the student must select at least 3 foods, one of which must be one half cup of fruit or vegetable. Students are not required to eat a school breakfast or lunch at any school, but are invited to select three foods to supplement their packed lunch, as long as one of the items is a fruit or vegetable.

For more information about CEP go to our website and click at yourcharlotteschools.net/employees/champ/café



PCH
Port Charlotte High



LAAM
L.A. Ainger Middle



PGM
Punta Gorda Middle

All Port Charlotte High, Punta Gorda Middle, and L.A. Ainger Middle students will be eligible for a free breakfast and lunch meal each day starting in the 18/19 school year.