



L.A. AINGER VOLLEYBALL 2020

L.A. Ainger Volleyball Season is set to be right around the corner. The current try-out date is set for Monday, October 26th. Please know that the season will run until December 19th. Try-outs are two days: Monday (26th) and Tuesday (27th) from 7:30-8:45 am. During try-outs, athletes will be asked to check in and perform volleyball skills in a variety of drills. Athletes should be able to pass, set, spike, and serve overhand to make the team. Student athletes are assessed on a rubric rating scale for each skill. There are usually 3-5 different evaluators that help in the process besides just the coach.

Try-out Stipulations:

- You must be an Ainger Student. You must be enrolled as a 6th, 7th, or 8th grader.
- You must have a 2.0 gpa.
- You must be able to make the games and be present at practices. Practices will be Monday-Thursday at 7:30 am-8:45am unless it falls on a game day. Games are Thursday evenings: November 5, 12, and 19; Dec. 3, 10, 17, and 19 at 9 am.

Tasks:

- Obtain a physical and hand it in to Mrs. Pickett in the front office.
- Provide a copy of your current insurance or obtain school insurance
- Get prepared for try-outs

****Please email Coach Lanham if you have any questions or concerns: marla.lanham@yourcharlotteschools.net