



Course Overview: The purpose of this course is to provide students with the opportunity to develop skills, learn strategies, rules and maintain or improve their level of fitness. We will play a variety of team and individual sports and activities including volleyball, basketball, ultimate frisbee, pickleball, tennis, whiffleball, dodgeball, Speedminton, Spikeball, Cornhole, Flag Football, indoor soccer, tennis, Four Square, red sea, etc.

Expectations

1. Students are expected to actively participate every day and follow class rules and expectations.
2. Dress out in proper gym clothes daily.**
3. Proper locker room and classroom behavior are expected.
4. Arrive on time. The locker room doors will be locked when the tardy bell rings. This also means being in the gym within 5 minutes for attendance roll call.
5. All personal items, including cell phones should be left in the locker room. Use of cell phones (including air pods/ear buds) during instructional time is not allowed. We are not responsible for lost or stolen items. Please LOCK ALL VALUABLES. Locker rooms will be locked during the class period.
6. Students will treat the facilities of Lemon Bay and class equipment in a first-class manner.
7. Students must remain in the specified area at all times. Students will travel to specified areas as a class (tennis courts, practice field, etc.)

Class Procedures:

1. Students will enter class thru the locker room hallway entrance. *No admittance through either of the gyms.* They will have 5 minutes to get changed and use the restroom, and lock up their belongings then proceed to the gym to their attendance spot.
2. Students that are not in their correct spot in line for attendance, will be marked tardy.
3. At the end of class students must dress back in and remain in the locker room or in the gym until the bell rings. No students are allowed in the hallways.
4. Any students abusing equipment or P.E. facility in any manner will be referred for discipline. If damage occurs, student will be charged for the repair or replacement.
5. If a student is **absent** (*excused or unexcused*) **they will receive a zero for the day.** 5 laps in the gym can easily be run to make up for missed physical activity. For an extended period of time due to illness or injury, an alternate assignment may be given. *A doctor's note excusing participation from school/PE is required for the grade to be excused. A photo of the note can be emailed to kim.pinkham@yourcharlotteschools.net
6. In the case of 5+ unexcused absences, 30% may be deducted from the earned grade for work made up (CCPS policy).

Dress Policy: Students will be required to be dressed out in a t-shirt, athletic shorts and proper athletic shoes. Open toed shoes or sandals should not be worn and shoes that mark the floor will not be allowed.

** Students must be changing into PE clothes, from their school clothes for sanitary reasons and grading purposes. **Athletes are required to dress out and participate on game days.** Students must be fully dressed out, to receive credit for the day, no half grades will be awarded. During school spirit dress up weeks, or on school picture day, dress out grade will not be taken.

Lockers: All students are required to pay a PE lab fee of \$5. No other lock, may be used. **Students may NOT share lockers.** If a lock is lost it is the student's responsibility to report it to the teacher immediately. The lock replacement fee is \$7.00. *Students are responsible for their belongings, and need to lock all items in their lockers. Lemon Bay High School is not responsible for items lost or stolen from the locker room.*

Grading and Attendance: As a class where the students' grade is based on active participation, attendance, dressing out, and involvement daily are the main components of achieving a good grade. Skill tests and quizzes on game rules may occur within each unit. Students will run the Pacer test on a monthly basis, at a minimum of twice during each 9-week quarter.

Daily Grades: Dress Out 3 pts, Participation/Performance 5 pts. Grades are entered on a weekly basis. Updated progress weeks are sent by email every 2-3 weeks.

Medical Excuses: Students must have a doctor's note (or from our school athletic trainer) to be excused from participation for medical reasons. Communication is important. Alternative assignments may be assigned on an individual basis.

Contact Information: Kim.Pinkham@yourcharlotteschools.net or (941)474-7702 ext. 7305

*Email is the preferred method of contact.

LEMON BAY PHYSICAL EDUCATION GRADING RUBRIC

What you are being scored on?	A (5)	B (4)	C (3)	D (1)	F (0)
FITNESS/ACTIVITY	Outstanding effort in all activities. Appreciates value of fitness in their life.	Consistent, strong effort in most activities. Frequent accomplishment of task.	Minimal effort to participate at best of ability. Rarely gives maximum effort.	Reluctant to put out needed effort. Excuses outnumber production. Teacher prodding needed to accomplish task.	Fails or refuses to participate. Unable to motivate self. Has excuses for all failures. Unwilling to perform required tasks. Effort not evident.
PARTICIPATION	Role model for others to follow. Always participates to best of ability.	Satisfactory effort in daily activities. Teacher prodding not necessary.	Participates some of the time. Effort is usually satisfactory. Needs occasional teacher direction to stay on task.	Needs reminders to stay on task. Effort is limited. Reluctant to perform most tasks.	No interest or involvement in activity. Constant excuses to explain lack of performance.
SOCIAL DEVELOPMENT	Displays good sportsmanship. Encourages teammates and classmates. Invites others to become part of the group.	Succeeds in playing fairly, by the rules most of the time. Listens and follows directions most of the time.	Occasionally complains of team make up. Usually follows rules of the game.	Inappropriate remarks to other students. Reluctant to accept other teammates. Limited desire to play by the rules. Unsuitable sportsmanship.	Displays unstable, inappropriate, aggressive, behavior. Unwilling to follow directions or rules. Lacks respect for teacher and classmates.
CLASS PREPARATION	Always dresses out. Helps with equipment willingly.	Consistently dresses out. Will help with equipment when asked.	Usually has P.E. clothes. Occasional "non-dress". Reluctantly will help with equipment only when asked.	Inconsistently dresses out or does not have proper shoes. Reluctant to help with equipment.	Incapable of having P.E. clothes each day. Unable to accept responsibility for dressing out each day.