

Monday	Tuesday	Wednesday	Thursday	Friday
After School Snack Menu; WGR = Whole Grain Rich			September	2020
August 31st	Coco Cherry bar 100% Juice 8 oz.	Cheesestick Fruit Bottled Water	Goldfish Pretzels 100% Juice 8 oz.	WGR Cookies Low-Fat Milk
WGR Muffin Low-Fat Milk 31	1	2	3	4
No School Today! Happy Labor Day!	WGR Cheez-Its 100% Juice 8 oz.	No-Nut Butter & Crackers Bottled Water	WGR Oatmeal Bar 100% Juice 8 oz.	WGR Cookies Low-Fat Milk
7	8	9	10	11
WGR Muffin Low-Fat Milk 14	Coco Cherry bar 100% Juice 8 oz.	Cheesestick Fruit Bottled Water 15	Goldfish Pretzels 100% Juice 8 oz. 16	WGR Cookies Low-Fat Milk 17
14	15	16	17	18
WGR Cereal Low-Fat Milk 21	WGR Cheez-Its 100% Juice 8 oz.	No-Nut Butter & Crackers Bottled Water 22	WGR Oatmeal Bar 100% Juice 8 oz. 23	WGR Cookies Low-Fat Milk 24
21	22	23	24	25
WGR Muffin Low-Fat Milk 28	Coco Cherry bar 100% Juice 8 oz.	Cheesestick Fruit Bottled Water 29		
28	29	30		



This institution is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
After School Snack Menu; WGR = Whole Grain Rich			September	2020
	Coco Cherry bar 100% Juice 8 oz.	Cheesestick Fruit Bottled Water	Goldfish Pretzels 100% Juice 8 oz.	WGR Cookies Low-Fat Milk
	1	2	3	4
No School Today! Happy Labor Day!	WGR Cheez-Its 100% Juice 8 oz.	No-Nut Butter & Crackers Bottled Water	WGR Oatmeal Bar 100% Juice 8 oz.	WGR Cookies Low-Fat Milk
7	8	9	10	11
WGR Muffin Low-Fat Milk 14	Coco Cherry bar 100% Juice 8 oz.	Cheesestick Fruit Bottled Water 15	Goldfish Pretzels 100% Juice 8 oz. 16	WGR Cookies Low-Fat Milk 17
14	15	16	17	18
WGR Cereal Low-Fat Milk 21	WGR Cheez-Its 100% Juice 8 oz.	No-Nut Butter & Crackers Bottled Water 22	WGR Oatmeal Bar 100% Juice 8 oz. 23	WGR Cookies Low-Fat Milk 24
21	22	23	24	25
WGR Muffin Low-Fat Milk 28	Coco Cherry bar 100% Juice 8 oz.	Cheesestick Fruit Bottled Water 29		
28	29	30		



This institution is an equal opportunity provider and employer.