

Monday	Tuesday	Wednesday	Thursday	Friday
After School Snack Menu; WGR = Whole Grain Rich			October	2020
Baker Center PreK Students	Menu Pattern complies w/ CACFP Guidelines		Fruit Low-Fat Milk	Cheese & Crackers Low-Fat Milk
			1	2
Goldfish Crackers Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Yogurt Low-Fat Milk
5	6	7	8	9
Bear Grahams Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Cheese & Crackers Low-Fat Milk
12	13	14	15	16
Goldfish Crackers Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Yogurt Low-Fat Milk
19	20	21	22	23
Bear Grahams Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Cheese & Crackers Low-Fat Milk
26	27	28	29	30



Wk # 1 # 2 # 3 # 4 # 5 # 6 # 7 # 8 # 9 # 10 # 11 # 12 # 13 # 14 # 15 # 16 # 17 # 18 # 19 # 20 # 21 # 22 # 23 # 24 # 25 # 26 # 27 # 28 # 29 # 30 # 31 # 32 # 33 # 34 # 35 # 36 # 37 # 38 # 39 # 40 # 41 # 42 # 43 # 44 # 45 # 46 # 47 # 48 # 49 # 50 # 51 # 52 # 53 # 54 # 55 # 56 # 57 # 58 # 59 # 60 # 61 # 62 # 63 # 64 # 65 # 66 # 67 # 68 # 69 # 70 # 71 # 72 # 73 # 74 # 75 # 76 # 77 # 78 # 79 # 80 # 81 # 82 # 83 # 84 # 85 # 86 # 87 # 88 # 89 # 90 # 91 # 92 # 93 # 94 # 95 # 96 # 97 # 98 # 99 # 100

Monday	Tuesday	Wednesday	Thursday	Friday
After School Snack Menu; WGR = Whole Grain Rich			October	2020
Baker Center PreK Students	Menu Pattern complies w/ CACFP Guidelines		Fruit Low-Fat Milk	Cheese & Crackers Low-Fat Milk
			1	2
Goldfish Crackers Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Yogurt Low-Fat Milk
5	6	7	8	9
Bear Grahams Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Cheese & Crackers Low-Fat Milk
12	13	14	15	16
Goldfish Crackers Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Yogurt Low-Fat Milk
19	20	21	22	23
Bear Grahams Low-Fat Milk	Fruit Low-Fat Milk	Cereal Low-Fat Milk	Fruit Low-Fat Milk	Cheese & Crackers Low-Fat Milk
26	27	28	29	30



Wk # 1 # 2 # 3 # 4 # 5 # 6 # 7 # 8 # 9 # 10 # 11 # 12 # 13 # 14 # 15 # 16 # 17 # 18 # 19 # 20 # 21 # 22 # 23 # 24 # 25 # 26 # 27 # 28 # 29 # 30 # 31 # 32 # 33 # 34 # 35 # 36 # 37 # 38 # 39 # 40 # 41 # 42 # 43 # 44 # 45 # 46 # 47 # 48 # 49 # 50 # 51 # 52 # 53 # 54 # 55 # 56 # 57 # 58 # 59 # 60 # 61 # 62 # 63 # 64 # 65 # 66 # 67 # 68 # 69 # 70 # 71 # 72 # 73 # 74 # 75 # 76 # 77 # 78 # 79 # 80 # 81 # 82 # 83 # 84 # 85 # 86 # 87 # 88 # 89 # 90 # 91 # 92 # 93 # 94 # 95 # 96 # 97 # 98 # 99 # 100