

# Champ's Café April Menu

## Charlotte County Public Schools 2021

### Pre-K

Champ's Café is inviting all students to participate in the free meals program. Participation for free meals is not mandatory. Students can still bring a lunch from home. If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or vegetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.

Adult Lunch Price \$3.60

Adult Breakfast \$1.60

Track your meals and account balance for FREE at [www.PayPAMS.com](http://www.PayPAMS.com)

#### Weekly Pre-K Breakfast Menu

##### Monday

Cereal w/ Yogurt or Cheesestick, Oatmeal, Low-Fat Milk, Fruit

##### Tuesday

Sausage Sandwich or Cereal w/ Yogurt, Oatmeal, Low-Fat Milk, Fruit

##### Wednesday

Bagel Breakfast Sandwich half or Cereal & Bagel Half, Oatmeal, Low-Fat Milk, Fruit

##### Thursday

French Toast Sticks or Cereal w/ Yogurt, Oatmeal, Low-Fat Milk, Fruit

##### Friday

Turkey Sausage Omelette w/ Cereal, Oatmeal, Low-Fat Milk, Fruit

#### Alternate Menu Choices:

Deli Sandwich, Yogurt with Cheese Stick, Champ Pack of Deli Meat, Crackers & Cheese

### Week One:

April 2021



Please remember our menu is subject to change due to availability.



**Thursday**  
**1**  
 Pizza Slice (Cheese)  
 Crisp Salad  
 Mixed Veggies  
 Choice of Fruit  
 Milk

**Friday**  
**2**  
**Good Friday!**  
**No School!**



### Week Two: Good Manners Week! Say "Please" and "Thank you"!

#### Monday

**5**  
 Chicken Nuggets  
 Steamed Rice  
 Stir-fry Veggies  
 Green Beans  
 Choice of Fruit  
 Milk

#### Tuesday

**6**  
 Homemade Mac & Cheese  
 Steamed Broccoli  
**Fresh Tomato Slices**  
 Whole Grain Roll  
 Choice of Fruit  
 Milk  
*Fresh Tomato*

#### Wednesday

**7**  
**Breakfast for Lunch**  
**French Toast Sticks**  
**Omelette**  
 Tater Tots  
 Carrot Coins  
 Choice of Fruit  
 Milk

#### Thursday

**8**  
 Pizza Slice (Cheese)  
 Crisp Salad  
 Steamed Cauliflower  
 Choice of Fruit  
 Milk

#### Friday

**9**  
 Chicken Fillet on Bun  
 Lettuce, Tomato & Pickle  
 Black Beans  
**Smiley Potato**  
 Choice of Fruit  
 Milk

### Week Three:

#### Monday

**12**  
 Mini Cheese Calzones w/ Marinara Sauce  
 Carrot Coins  
 Green Peas  
 Choice of Fruit  
 Milk

#### Tuesday

**13**  
 Soft Taco  
 Lettuce, Salsa & Shredded Cheese  
 Refined Beans  
 Corn  
 Choice of Fruit  
 Milk

#### Wednesday

**14**  
 Chicken Parm w/ Spaghetti & Sauce  
 Italian Veggies  
 Broccoli  
 Choice of Fruit  
 Milk

#### Thursday

**15**  
 Pizza Slice (Cheese)  
 Crisp Salad  
 Mixed Veggies  
 Choice of Fruit  
 Milk

#### Friday

**16**  
 Champ Burger  
 Lettuce, Tomato & Pickle  
 Baked Beans  
 Sweet Potato Fries  
 Choice of Fruit  
 Milk

### Week Four:

April 22nd- Take your child to work day & Earth Day!

#### Monday

**19**  
 Max Cheese Sticks w/ Marinara Sauce  
 Green Beans  
 Mixed Veggies  
 Choice of Fruit  
 Milk

#### Tuesday

**20**  
 Turkey Deli Sandwich  
 Sweet Potato Fries  
 Baked Beans  
 Choice of Fruit  
 Milk

#### Wednesday

**21**  
 Beefaroni w/ Italian Veggies  
 Steamed Broccoli  
 Whole Grain Roll  
 Choice of Fruit  
 Milk

#### Thursday

**22**  
 Pizza Slice or Cheesy Garlic Bread  
 Crisp Salad  
 Carrot Coins  
 Choice of Fruit  
 Milk

#### Friday

**23**  
 Chicken Fillet on Bun  
 Lettuce, Tomato & Pickle  
 Black Beans  
**Tator Tots**  
 Choice of Fruit  
 Milk



### Week Five:

#### Monday

**26**  
 Tangerine Chicken  
 Steamed Rice  
 Stir-fry Veggies  
 Green Beans  
 Choice of Fruit  
 Milk

#### Tuesday

**27**  
 Grilled Cheese w/ Tomato Soup  
 Steamed Yellow Squash  
 Choice of Fruit  
 Milk

#### Wednesday

**28**  
 Beef Teriyaki Dippers  
 Mashed Potatoes  
 Steamed Broccoli  
 Whole Grain Roll  
 Choice of Fruit  
 Milk

#### Thursday

**29**  
 Pizza Slice (Cheese)  
 Crisp Salad  
 Steamed Cauliflower  
 Choice of Fruit  
 Milk

#### Friday

**30**  
 Champ Burger  
 Lettuce, Tomato & Pickle  
 Baked Beans  
 Sweet Potato Fries  
 Choice of Fruit  
 Milk

Wk 1: 1-5, 12-16, 19-23, 26-30

Don't miss it! Call us at 813-947-1111 for more information.

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