

Champ's Café March Menu

Charlotte County Public Schools 2021

High School

Free & Reduced Price Meal applications are available online at champs.yourcharlotteschools.net or obtained from the school.

Call 941 575 5400 ext. 109 for more information

Student Lunch Prices

High School \$2.80 daily, \$14 weekly
 \$.40 Reduced Price Lunch daily, \$2.00 weekly
 Free to those who qualify.

Adult Lunch Price \$3.60

Champs Café Accepts Cash, Checks payable to Champ's Café

www.payPAMS.com

Students Breakfast \$1.20 daily, \$6 weekly
 \$.30 Reduced Price Breakfast daily, \$1.50 weekly
 Free to those who qualify.

Adult Breakfast \$1.60

Track your meal account balance for FREE at www.payPams.com

Everyday Choices:

Chef Salads, Hamburger, Cheeseburger, Deli Sub/ Wrap, Pizza,

Chicken Fillet, Spicy Chicken, Chicken Nuggets

Alternate Menu Selections at all grade levels, fresh seasonal produce available daily. Menu is subject to change.

Our a la carte offerings meet the guidelines of

The Alliance for a Healthier Generation and are USDA "Smart Snacks"

Daily Breakfast Menu

Breakfast Bagel Sandwich, Oatmeal, French Toast Sticks, Mini Pancakes, Large Muffin, Bagel, Breakfast Pizza, Choice of Cereal with Muffin, Pop-Tart, Chicken or Sausage Biscuit, Fruit, Turkey Sausage Omelette/Cinnamon Roll Fridays

Week One:					March 2021
Monday	Beef Dippers w/ Steamed Rice Biscuit Carrot Coins Stir Fry Vegetables Choice of Fruit Milk	Tuesday	Nachos w/ Meat and Cheese Sauce Refried Beans Corn Salsa Choice of Fruit Milk	Wednesday	Country-style Steak Mashed Potatoes & Gravy Green Beans Whole Grain Roll Choice of Fruit Milk
Thursday	Chicken Tenders Sweet Potato Fries Mixed Veggies Biscuit Choice of Fruit Milk	Friday	Chicken Parm w/Spaghetti Crisp Salad Broccoli Whole Grain Roll Choice of Fruit Milk	Non-meat option available	
1		2		3	4 5
Week Two: National School Breakfast Week- March 8th-12th - Theme "Score Big" !					
Monday	Turkey & Gravy w/ Mashed Potatoes Green Beans Biscuit Choice of Fruit Milk	Tuesday	Nachos w/ Meat and Cheese Sauce Refried Beans Corn Salsa Choice of Fruit Milk	Wednesday	Breakfast For Lunch French Toast Sticks Omelette Chicken Sausage Patty Tator Tots Tomato Wedges Choice of Fruit Milk
Thursday	Meatball Sub Relish Cup w/ Dip Sweet Potato Fries Choice of Fruit Milk	Friday	Spaghetti w/ Meat Sauce Crisp Salad Broccoli Whole Grain Roll Choice of Fruit Milk	Non-meat option available	
8		9		10	11 12
Week Three: St. Patrick's Day- March 17th					
<h1>Spring Break! Enjoy!</h1>					
15		16		17	18 19
Week Four: World Water Day!- March 22nd					
Monday	Beef Dippers w/ Steamed Rice Biscuit Carrot Coins Stir Fry Vegetables Choice of Fruit Milk	Tuesday	Nachos w/ Meat and Cheese Sauce Refried Beans Corn Salsa Choice of Fruit Milk	Wednesday	BBQ Roast Chicken Mashed Potatoes & Gravy Green Beans Whole Grain Roll Choice of Fruit Milk
Thursday	Meatball Sub Relish Cup w/ Dip Sweet Potato Fries Choice of Fruit Milk	Friday	Mac & Cheese Crisp Salad Steamed Broccoli Whole Grain Roll Choice of Fruit Milk	Non-meat option available	
22		23		24	25 26
Week Five:					
Monday	Turkey & Gravy w/ Mashed Potatoes Carrot Coins Biscuit Choice of Fruit Milk	Tuesday	Nachos w/ Meat and Cheese Sauce Refried Beans Corn Salsa Choice of Fruit Milk	Wednesday	Corn Dog nuggets Tator Tots Green Beans Choice of Fruit Milk
29		30		31	

Please remember our menu is subject to change due to availability.



This institution is an equal opportunity provider and employer. All of our grain products are whole grain-rich (WGR) PLEASE REMEMBER OUR MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY