

Champ's Café April Menu

Charlotte County Public Schools 2021

Elementary School

Champ's Café is inviting all students to participate in the free meals program. Participation for free meals is not mandatory. Students can still bring a lunch from home. If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or vegetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.

Adult Lunch Price \$3.60
Adult Breakfast \$1.60

Track your meals and account balance for FREE at www.PayPams.com

Weekly Breakfast Menu	
Monday	FRUIT & 100% JUICE DAILY
Cereal w/ Muffin or Mini Pancakes, Oatmeal, Raisins, Low-Fat Milk	
Tuesday	FRUIT & 100% JUICE DAILY
Sausage Sandwich or Choice of Cereal w/ WGR Pop Tart, Oatmeal, Low-Fat Milk	
Wednesday	FRUIT & 100% JUICE DAILY
Bagel Breakfast Sandwich or Choice of Cereal & Bagel Half, Oatmeal, Low-Fat Milk	
Thursday	FRUIT & 100% JUICE DAILY
French Toast Sticks or Choice of Cereal w/ WGR Muffin, Oatmeal, Low-Fat Milk	
Friday	FRUIT & 100% JUICE DAILY
Turkey Sausage Omelette w/ Choice of Cereal or Cinnamon Roll, Oatmeal, Low-Fat Milk	

Alternate Lunch Entrees: Chef Salad, Champ Pack w/ Turkey, Cheese & Crackers, Deli Sandwich, Yogurt with Cheese Stick

Our a la carte offerings meet the guidelines of The Alliance for a Healthier Generation and are USDA "Smart Snacks"

Week One: April 2021



Please remember our menu is subject to change due to availability.



Thursday 1

Pizza Slice
Cheese or Pepperoni

Crisp Salad
Mixed Veggies
Raisins or
Choice of Fruit
Milk

Friday 2

Good Friday!
No School!




Week Two: Good Manners Week! Say "Please" and "Thank you!"

<p>Monday 5</p> <p>Chicken Nuggets Steamed Rice Stir-fry Veggies Green Beans Choice of Fruit Milk</p>	<p>Tuesday 6</p> <p>Homemade Mac & Cheese Steamed Broccoli Fresh Tomato Slices Whole Grain Roll Choice of Fruit Milk <i>Fresh Tomato</i></p>	<p>Wednesday 7</p> <p>Breakfast for Lunch French Toast Sticks Omelette Tater Tots Baby Carrots Choice of Fruit Milk</p>	<p>Thursday 8</p> <p>Pizza Slice Cheese or Pepperoni</p> <p>Crisp Salad Steamed Cauliflower Raisins or Choice of Fruit Milk</p>	<p>Friday 9</p> <p>Chicken Fillet on Bun Lettuce, Tomato & Pickle Black Beans Smiley Potato Choice of Fruit Milk</p>
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Week Three:

<p>Monday 12</p> <p>Mini Cheese Calzones w/ Marinara Sauce Carrot Coins Green Peas Choice of Fruit Milk</p>	<p>Tuesday 13</p> <p>Soft Taco Lettuce, Salsa & Shredded Cheese Refried Beans Corn Choice of Fruit Milk</p>	<p>Wednesday 14</p> <p>Chicken Parm w/ Spaghetti & Sauce Italian Veggies Steamed Broccoli Choice of Fruit Milk</p>	<p>Thursday 15</p> <p>Pizza Slice Cheese or Pepperoni</p> <p>Crisp Salad Mixed Veggies Raisins or Choice of Fruit Milk</p>	<p>Friday 16</p> <p>Champ Burger Lettuce, Tomato & Pickle Baked Beans Sweet Potato Fries Choice of Fruit Milk</p>
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Week Four: April 22nd- Take your child to work day & Earth Day!

<p>Monday 19</p> <p>Max Cheese Sticks w/ Marinara Sauce Green Beans Mixed Veggies Choice of Fruit Milk</p>	<p>Tuesday 20</p> <p>Hot Dog Slider Sweet Potato Fries Baked Beans Choice of Fruit Milk</p>	<p>Wednesday 21</p> <p>Beefaroni w/ Italian Veggies Steamed Broccoli Whole Grain Roll Choice of Fruit Milk</p>	<p>Thursday 22</p> <p>Pizza Slice or Cheesy Garlic Bread</p> <p>Crisp Salad Carrots w/dip Raisins or Choice of Fruit Milk</p> 	<p>Friday 23</p> <p>Chicken Fillet on Bun Lettuce, Tomato & Pickle Black Beans Tater Tots Choice of Fruit Milk</p>
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Week Five: April 30th- Raisin Day

<p>Monday 26</p> <p>Tangerine Chicken Steamed Rice Stir-fry Veggies Green Beans Choice of Fruit Milk</p>	<p>Tuesday 27</p> <p>Grilled Cheese w/ Tomato Soup Steamed Yellow Squash Choice of Fruit Milk</p>	<p>Wednesday 28</p> <p>Beef Teriyaki Dippers Mashed Potatoes & Gravy Steamed Broccoli Whole Grain Roll Choice of Fruit Milk</p>	<p>Thursday 29</p> <p>Pizza Slice Cheese or Pepperoni</p> <p>Crisp Salad Steamed Cauliflower Choice of Fruit Milk</p>	<p>Friday 30</p> <p>Champ Burger Lettuce, Tomato & Pickle Baked Beans Sweet Potato Fries Raisins Milk</p>
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PLEASE REMEMBER OUR MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY