

# Champ's Cafe March Menu

Charlotte County Public Schools 2021

## Baker Center

Champ's Café is inviting all students to participate in the free meals program. Participation for free meals is not mandatory - unless students are enrolled in the Pre-K program. If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or vegetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.

Adult Lunch Price \$3.60  
Adult Breakfast \$1.60

Track your meals and account balance for FREE at [www.PayPams.com](http://www.PayPams.com)

### Weekly Breakfast Menu

<b>Monday</b>	Oatmeal & Hard-Boiled Egg, Fruit, Low-Fat Milk
<b>Tuesday</b>	Cereal & Chicken Sausage Patty, Fruit, Low-Fat Milk
<b>Wednesday</b>	Nonfat Yogurt & Oatmeal, Fruit, Low-Fat Milk
<b>Thursday</b>	Turkey Sausage Omelette & Cereal, Fruit, Low-Fat Milk
<b>Friday</b>	Whole Grain French Toast Sticks & Oatmeal Fruit, Low-Fat Milk

Enjoy Breakfast and Lunch at Champ's Café!



Week One:				March 2021					
<b>Monday</b>	<b>Chicken Nuggets</b> Rice Pilaf Green Peas Choice of Fruit Milk	<b>Tuesday</b>	<b>Tukey Deli Sandwich</b> Diced Carrots Choice of Fruit Milk	<b>Wednesday</b>	<b>Homemade Mac &amp; Cheese</b> Broccoli Whole Grain Roll Choice of Fruit Milk	<b>Thursday</b>	<b>Pizza</b> Cucumber Slices Choice of Fruit Milk	<b>Friday</b>	<b>Champ Burger</b> <b>Sweet Potato Waffle Fries</b> Baked Beans Choice of Fruit Milk
1		2		3		4		5	Non-meat option available

Week Two: National School Breakfast Week- March 8th-12th - Theme "Score Big" !									
<b>Monday</b>	<b>Max Cheese Sticks w/ Marinara Sauce</b> Diced Carrots Choice of Fruit Milk	<b>Tuesday</b>	<b>Grilled Cheese Sandwich</b> Tomato Soup Choice of Fruit Milk	<b>Wednesday</b>	<b>Beef Dippers</b> Mashed Potatoes Broccoli Whole Grain Roll Choice of Fruit Milk	<b>Thursday</b>	<b>Cheesy Garlic Bread</b> Cucumbers Choice of Fruit Milk	<b>Friday</b>	<b>Chicken Fillet on Bun</b> Baked Beans <b>Smiley Potatoes</b> Choice of Fruit Milk
8		9		10		11		12	Non-meat option available

### Week Three: St. Patrick's Day- March 17th

# Spring Break! Enjoy!

Week Four: World Water Day!- March 22nd									
<b>Monday</b>	<b>Mini Cheese Calzones w/ Marianra Sauce</b> Diced Carrots Choice of Fruit Milk	<b>Tuesday</b>	<b>Soft Taco</b> Lettuce, Salsa & Shredded Cheese Corn Choice of Fruit Milk	<b>Wednesday</b>	<b>Spaghetti w/meat sauce</b> Steamed Broccoli Whole Grain Roll Choice of Fruit Milk	<b>Thursday</b>	<b>Pizza</b> Green Beans Choice of Fruit Milk	<b>Friday</b>	<b>Chicken Fillet on Bun</b> Baked Beans <b>Sweet Potato Waffle Fries</b> Choice of Fruit Milk
15		16		17		18		19	Non-meat option available
22		23		24		25		26	

Week Five:					
<b>Monday</b>	<b>Chicken Nuggets</b> Rice Pilaf Green Peas Choice of Fruit Milk	<b>Tuesday</b>	<b>Grilled Cheese Sandwich</b> Tomato Soup Choice of Fruit Milk	<b>Wednesday</b>	<b>Breakfast for Lunch</b> <b>Turkey Sausage Omelette</b> Tater Tots Biscuit Choice of Fruit Milk
29		30		31	

Please remember our menu is subject to change due to availability.



This institution is an equal opportunity provider and employer. All of our grain products are whole grain-rich (WGR) PLEASE REMEMBER OUR MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY