

# Champ's Café May Menu

Charlotte County Public Schools 2019

## Baker Center

Champ's Café is inviting all students to participate in the free meals program. Participation for free meals is not mandatory - unless students are enrolled in the Pre-K program. If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or vegetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.



Adult Lunch Price \$3.50  
Adult Breakfast \$1.50

Track your meals and account balance for FREE at [www.PayPams.com](http://www.PayPams.com)

### Weekly Breakfast Menu

<b>Monday</b>	Cereal and Hard-Boiled Egg, Oatmeal, Fruit, Low-Fat Milk
<b>Tuesday</b>	Chicken Sausage Patty, Biscuit, Oatmeal, Fruit, Low-Fat Milk
<b>Wednesday</b>	Nonfat Yogurt & Cereal, Oatmeal, Fruit, Low-Fat Milk
<b>Thursday</b>	Whole Grain French Toast Sticks, Syrup, Oatmeal, Fruit, Low-Fat Milk
<b>Friday</b>	Turkey Sausage Omelette, Cereal, Oatmeal, Fruit, Low-Fat Milk

Enjoy Breakfast and Lunch at Champ's Café!

Week One: May 2019																								
 																								
Early Childhood Programs																								
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This institution is an equal opportunity provider and employer.

All of our grain products are whole grain-rich (WGR)  
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