

# Champ's Café April Menu

Charlotte County Public Schools 2021

## The Academy & H.O.P.E.

Champ's Café is inviting all students to participate in the free meals program.

Participation for free meals is not mandatory. Students can still bring a lunch from home. If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or vegetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.

Adult Lunch Price \$3.60  
Adult Breakfast \$1.60

Track your meals and account balance for FREE at [www.PayPams.com](http://www.PayPams.com)

### Daily Academy Breakfast Menu:

Breakfast Bagel Sandwich  
French Toast Sticks

Large Muffin, Sausage Biscuit Slider

Choice of Cereal w/ Muffin, Pop-Tart, or NutriGrain

All of the above Entrees include: Oatmeal  
Choice of Fruit, 100% Juice & Low-Fat Milk

### H.O.P.E. Breakfast Menu

#### Monday

Cereal and Hard-Cooked Egg,  
Oatmeal, Fruit, Low-Fat Milk

#### Tuesday

Chicken Sausage Patty, Biscuit,  
Fruit, Low-Fat Milk

#### Wednesday

Nonfat Yogurt & Cereal,  
Oatmeal, Fruit, Low-Fat Milk

#### Thursday

Whole Grain French Toast Sticks,  
Oatmeal, Fruit, Low-Fat Milk

#### Friday

Turkey Sausage Omelette, Cereal,  
Fruit, Low-Fat Milk

### Week One:



Please remember our menu is subject to change due to availability.



**Thursday**  
Beef Dippers w/  
Mashed Potatoes & Gravy  
Broccoli  
Whole Grain Roll  
Choice of Fruit  
Milk

1 Choice of Champ Burger

April 2021

**Good Friday!**  
**No School!**

**Friday**



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### Week Two: Good Manners Week! Say "Please" and "Thank you"!

<b>Monday</b>	<b>Tangerine Chicken w/</b> Steamed Rice Biscuit Stir Fry Vegetables Carrots Coined/Diced Choice of Fruit, Milk HOPE: Hamburger	<b>Tuesday</b>	<b>Soff Taco</b> Lettuce, Salsa Refried Beans Steamed Corn Choice of Fruit Milk	<b>Wednesday</b>	<b>Homemade Mac &amp; Cheese</b> Steamed Broccoli Relish Cup Whole Grain Roll Choice of Fruit Milk	<b>Thursday</b>	<b>Chicken Tenders</b> Tator Tots Black beans Biscuit Choice of Fruit Milk	<b>Friday</b>	<b>Pizza</b> Cheese or Pepperoni Crisp Salad Sweet Potato Fries Choice of Fruit Milk HOPE: Pizza Choice of Spicy Chicken or Chicken Parmesan
5	Choice of Spicy Chicken	6	Choice of Chicken Fillet	7	Choice of Meatball Sub	8	Choice of Champ Burger	9	

Fresh Tomato Day!

### Week Three:

<b>Monday</b>	<b>Chicken Nuggets</b> Steamed Rice, Biscuit Peas Carrots Coined/Diced Choice of Fruit, Milk HOPE: Grilled Cheese	<b>Tuesday</b>	<b>Nachos with</b> <b>Beef &amp; Cheese Sauce</b> Salsa Refried Beans, Corn Choice of Fruit Milk HOPE: Ham Deli Sandwich	<b>Wednesday</b>	<b>Mini Calzones</b> <b>w/ Marinara Sauce</b> Cucumbers Green Beans Choice of Fruit Milk	<b>Thursday</b>	<b>Beef Dippers w/</b> Mashed Potatoes & Gravy Broccoli Whole Grain Roll Choice of Fruit Milk	<b>Friday</b>	<b>Bosco Sticks</b> <b>w/ Marinara Sauce</b> Yellow Squash Sweet Potato Fries Choice of Fruit Milk HOPE: Pizza Choice of Spicy Chicken or Chicken Parmesan
12	Choice of Spicy Chicken	13	Choice of Champ Burger	14	Choice of Spicy Chicken	15	Choice of Champ Burger	16	

### Week Four:

April 22nd- Take your child to work day & Earth Day!

<b>Monday</b>	<b>Tangerine Chicken w/</b> Steamed Rice & Biscuit Stir Fry Vegetables Carrots Coined/Diced Choice of Fruit, Milk HOPE: Grilled Cheese	<b>Tuesday</b>	<b>Nachos with</b> <b>Beef &amp; Cheese Sauce</b> Salsa Refried Beans, Corn Choice of Fruit Milk HOPE: Ham Deli Sandwich	<b>Wednesday</b>	<b>Breakfast for Lunch</b> French Toast Sticks Sausage Patty Tator Tots Tomato Slices Choice of Fruit Milk	<b>Thursday</b>	<b>Chicken Tenders</b> Mixed Veggies Black beans Biscuit Choice of Fruit Milk	<b>Friday</b>	<b>Pizza</b> Cheese or Pepperoni Spinach Crisp Salad Choice of Fruit, Milk HOPE: Pizza Choice of Spicy Chicken or Chicken Parmesan
19	Choice of Spicy Chicken	20	Choice of Champ Burger	21		22	Choice of Champ Burger	23	

### Week Five:

April 30th- Raisin Day!

<b>Monday</b>	<b>Tangerine Chicken w/</b> Steamed Rice & Biscuit Stir Fry Vegetables Carrots Coined/Diced Choice of Fruit, Milk HOPE: Grilled Cheese	<b>Tuesday</b>	<b>Nachos with</b> <b>Beef &amp; Cheese Sauce</b> Salsa Refried Beans, Corn Choice of Fruit Milk HOPE: Turkey Deli Sandwich	<b>Wednesday</b>	<b>Max Cheese Sticks w/</b> Tomato Soup Cucumbers Choice of Fruit Milk	<b>Thursday</b>	<b>Beef Dippers w/</b> Mashed Potatoes & Gravy Broccoli Whole Grain Roll Choice of Fruit Milk	<b>Friday</b>	<b>Bosco Sticks</b> <b>w/ Marinara Sauce</b> Italian Blend Red pepper w/ Dip <b>Raisins</b> Milk HOPE: Pizza Choice of Spicy Chicken or Chicken Parmesan
26	Choice of Spicy Chicken	27	Choice of Champ Burger	28	Choice of Spicy Chicken	29	Choice of Champ Burger	30	

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Everyday Lunch Entree Choices:  
Chef Salads, Deli Wraps, Sub Sandwich