

Champ's Café April Menu

Charlotte County Public Schools 2022

Pre-K Year-Round

Champ's Café is inviting all students to participate in the free meals program. Participation for free meals is not mandatory. Students can still bring a lunch from home. If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or vegetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.

Adult Lunch Price \$3.60
Adult Breakfast \$1.60
Track your meals and account balance for FREE at www.PayPAMS.com

Weekly Pre-K Breakfast Menu

Monday

Cereal w/ Yogurt or Cheesestick, Oatmeal, Low-Fat Milk, Fruit

Tuesday

Sausage Sandwich or Cereal w/ Yogurt, Oatmeal, Low-Fat Milk, Fruit

Wednesday

Bagel Breakfast Sandwich half or Cereal & Bagel Half, Oatmeal, Low-Fat Milk, Fruit

Thursday

French Toast Sticks or Cereal w/ Yogurt, Oatmeal, Low-Fat Milk, Fruit

Friday

Omelette w/ Cereal, Oatmeal, Low-Fat Milk, Fruit

Alternate Menu Choices:

Deli Sandwich, Yogurt with Cheese Stick

Week One:



Be a Role Model

Please remember our menu is subject to change due to



Be a Leader

MANNERS ARE A TRUE REFLECTION OF OUR CHARACTER...

April 2022

Friday
Chicken Fillet on Bun
Lettuce, Tomato & Pickle
Black Beans
Sweet Potato Fries
Choice of Fruit
Low-Fat Milk


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Week Two:



Good Manners Week! Say "Please" and "Thank you"!

Monday 4	Chicken Nuggets Steamed Rice Carrots Coins Green Peas Choice of Fruit Low-Fat Milk	Tuesday 5	Grilled Cheese w/ Chili Beans Steamed Yellow Squash Choice of Fruit Low-Fat Milk	Wednesday 6	Spaghetti w/ meat sauce Italian Veggies Steamed Broccoli Whole Grain Roll Choice of Fruit Low-Fat Milk	Thursday 7	Pizza Slice (Cheese) Crisp Salad Carrot Coins Choice of Fruit Low-Fat Milk	Friday 8	Champ Burger Lettuce, Tomato & Pickle Baked Beans Smiley Potatoes Choice of Fruit Low-Fat Milk
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Week Three:

Monday 11	Max Sticks w/ Marinara Sauce Carrot Coins Green Peas Choice of Fruit Low-Fat Milk	Tuesday 12	Turkey Deli Sandwich Tator Tots Baked Beans Choice of Fruit Low-Fat Milk	Wednesday 13	Beefaroni w/ Steamed Broccoli Mixed Veggies Whole Grain Roll Choice of Fruit Low-Fat Milk	Thursday 14	Pizza Slice (Cheese) Crisp Salad Steamed Cauliflower Choice of Fruit Low-Fat Milk	Friday 15	NO SCHOOL ENJOY! 
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Week Four: April 22nd- Earth Day "Go Green" Make our Earth a Beautiful Place to Live

Monday 18	NO SCHOOL ENJOY! 	Tuesday 19	Grilled Cheese Tator Tots Chili Beans Choice of Fruit Low-Fat Milk	Wednesday 20	Turkey and Gravy w/ Mashed Potatoes & Gravy Steamed Broccoli Whole Grain Roll Choice of Fruit Low-Fat Milk	Thursday 21	Pizza Slice (Cheese) Crisp Salad Carrot Coins Choice of Fruit Low-Fat Milk	Friday 22	Champ Burger Lettuce, Tomato & Pickle Baked Beans Tator Tots Choice of Fruit Low-Fat Milk 
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Week Five:

April 28th- Take Your Child to Work Day

Monday 25	Mini Cheese Calzones w/ Marinara Sauce Carrot Coins Green Peas Choice of Fruit Low-Fat Milk	Tuesday 26	Soft Taco w/ Lettuce, Salsa, & Shredded Cheese Beans Steamed Corn Choice of Fruit Low-Fat	Wednesday 27	Homemade Mac & Cheese Steamed Broccoli Mixed Veggies Whole Grain Roll Choice of Fruit Low-Fat Milk	Thursday 28	Pizza Slice (Cheese) Crisp Salad Steamed Cauliflower Choice of Fruit Low-Fat Milk	Friday 29	Chicken Fillet on Bun Lettuce, Tomato & Pickle Black Beans Sweet Potato Fries Choice of Fruit Low-Fat Milk
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This institution is an equal opportunity provider and employer.

All of our grain products are whole grain-rich (WGR)