

Steve Dionisio
Superintendent



School Board

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Dear Middle School Parent,

Our physical education program(s) stress physical fitness and encourage healthy and active lifestyles. We encourage our students to participate in physical education. Florida Statute 1003.455 requires middle school students to take at least one class period per day for one semester each year for students in grades 6-8. Florida Statute also requires each district school board to notify parents of the options available prior to scheduling a student in physical education. Unless your child meets one of the waiver criteria listed below, he/she will be enrolled in physical education for at least one semester of each year while in grades 6 through 8.

- A. The student is enrolled or required to enroll in a remedial course.
- B. A written parent request is submitted to the school's principal stating that
 - The parent requests that the student enroll in another course from among those offered as options by the school (based on availability), or
 - The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement

If you are interested in exercising an option under criteria "B," please complete and sign the *Middle School Physical Education (P.E.) Waiver Request Form* and follow your school's procedures for submission of the form. Please contact your school administration or Certified School Counselor if you have questions regarding the physical education requirement or waiver criteria.

Sincerely,

A handwritten signature in black ink, appearing to read "Cheryl LaPorta Edwards", with a long horizontal flourish extending to the right.

Cheryl LaPorta Edwards, Ed.S.
Assistant Superintendent for Learning
Division of Learning

Middle School Physical Education (P.E.) Waiver Request Form

Florida Statute 1003.455 requires middle school students enrolled in a school that contains grades 6-8 to take the equivalent of one class period per day of physical education for one semester of each year. This requirement may be waived by the following:

- A. The student is enrolled or required to enroll in a remedial course.
- B. A written parent request is submitted to the school's principal stating that
 - The parent requests that the student enroll in another course from among those offered as options by the school (based on availability), or
 - The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement

By completing and submitting this form, you are requesting that your child be waived from the P.E. requirement. One form is required for each student. School districts are not required to add additional course offerings for students eligible for P.E. waivers.

I request my child _____ be allowed to waive the P.E. requirement for the _____ - _____ school year based on one of the following criteria:

- My child be enrolled in the following course offered at his/her school as indicated below.

Name of preferred course: _____

- My child participates in physical fitness activities outside of the school day that are equal to or greater than the P.E. hours required by state statute as indicated below.

Physical activity outside of school: _____

Number of weeks per year: _____

Number of minutes/hours per week: _____

By signing below, I understand my child must meet the prerequisites for any available course taken in lieu of P.E., or I am stating that my child participates in physical fitness activities outside of the school day that are equal to or greater than the P.E. state statute requirement. The school district has the authority to request evidence that a student has met the P.E. requirements through alternate activity/activities.

Parent Name _____

Parent Signature _____

Date _____