






Kindness Week

February 12-16

| <p>Monday</p>  | <p>Tuesday</p>  | <p>Wednesday</p>  | <p>Thursday</p>  | <p>Friday</p>  |
|---|--|---|---|--|
| <p><i>Inspiring "kind" words</i></p> | <p><i>Scatter kindness</i></p> | <p><i>Kindness makes the heart grow</i> Valentine's Day</p> | <p><i>Go Wild for Kindness</i></p> | <p><i>Kindness Royally Rocks</i> Jog-a-thon</p> |
| <p>Start with Hello</p> <p>Say hello to everyone you see today</p> <p>Wear white to show peace</p> | <p>Smiles are contagious</p> <p>Smile at everyone you see today.</p> <p><i>Smiling has the power to change your mood and the moods of others.</i></p> <p>Wear YELLOW/Gold to show Sunshine</p> | <p>Peace, Love & Compliments</p> <p>Encourage students to complement teachers, students, a family member all day long</p> <p>Wear Red/Pink today to show LOVE</p> | <p>Wild about Kindness</p> <p>Do something kind for others without being asked</p> <p>Wear animal print or camo</p> | <p>You Matter</p> <p>Walk with a friend at the Jog-a-thon</p> <p>Show your school spirit by wearing your school colors. Show that we are all part of the same eagle family</p> <p>..</p> |